

Date: March 9, 2020

To:

From: John Stah

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Cc:

Jeff Jesse, Dean of
Maryann Hoke, Committee Chair
T.J. Miller, Director, Department of Health
Jean Marcey, Term Assistant Professor of Health and Fitness Education
Carl Arts, Term Assistant Professor of Health and Fitness Education
Susan Kalina, Vice President for Academic Affairs
Claudia Lamman, Vice President for Student Success

Re:

AY20 Expected Program Review: Physical Education

I have reviewed the department findings and the completed expected Physical Education program.

Recommendation

My recommendation is to support the continuation of the department. Review will be conducted.

Decision

Recommend continuation



Office of the Dean

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instructional costs. On average, full tuition revenues have been 18% higher than instructional costs. The Department also generates external funding through its Human Performance Lab.

Program Quality, Improvement and Student Success:

The program recently proposed a major curriculum revision, transitioning the degree from a BS in Physical Education to a BS in Kinesiology (this change will be implemented in the next academic year). Kinesiology, the study of human movement and functionality, is a more accurate description for the degree. High impact teaching practices are embedded throughout the curriculum. The program has a strong focus on experiential learning and community engagement. In particular, the Human Performance Lab provides unique opportunities for students to apply knowledge and skills. Students have been successful in obtaining professional licenses and certifications. Overall, the program maintains a strong focus on student success. Unfortunately, the program struggles with academic assessment. It will need to develop and implement a new Assessment Plan for the Kinesiology BS. Faculty need to allocate more effort on assessment activities.

Program Duplication / Distinctiveness:

The Physical Education / Kinesiology program is unique within the University of Alaska system. There are several programs that prepare students for graduate studies in health-related fields. However, this program is unique in preparing students for professional positions in the rapidly growing healthcare, fitness, recreation, and rehabilitation fields.

Commendations and Recommendations:

The Physical Education BS has a unique role in improving the health and wellbeing of people and communities. It is therefore an essential program for the College of Health. Program demand has been stable, but is expected to grow once the curriculum revisions are implemented. The program was recently enhanced with one additional faculty position. This should allow the program to grow, while maintaining a positive return on investment.

Decision:

Continuation.

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- Maryann V Hoke, HPER Assistant Professor, Anchorage Campus
 - TJ Miller, HPER Director, Anchorage Campus
 - Jean Marcey, HPER Assistant Professor, Anchorage Campus
 - Carl Arts, HPER Assistant Professor, Anchorage Campus

Physical therapy, occupational therapy, recreation therapy, teaching, and wellness programs are all high demand occupations. Our program addresses these areas with a foundation in all of the sub-disciplines in kinesiology that better prepare students for graduate study and/or industry certifications in these occupational fields.

Our program supports programs in the College of Health including Health Science, and Nutrition and Dietetics programs. Many students in the Bachelor of Science in Health Science program enroll in PEP 382 Kinesiology and Biomechanics and PEP 385 Physiology of Exercise and. These courses are either required or highly recommended for graduate programs including physical therapy, occupational therapy, etc. One of the core essential practice competencies for receiving credentials in nutrition and dietetics includes physical activity. Therefore, our courses add value and relevance to the students in the nutrition and dietetics program.

In the past decade, the HPER department has steadily increased partnerships with several organizations in the community. Most of the increase in partnerships directly relates to the growth of the Human Performance Lab and creation of the Wellness Coordinator position. Partnerships in the community include: Alyeska Pipeline, the Alaska Heart and Vascular Institute, Special Olympics Alaska, the Alaska Sports Hall of Fame, Healthy Futures, Anchorage Fire Department, and more.

State needs follow national trends in these occupational areas: physical therapy, occupational therapy, recreation therapy, and teaching.

The 2020 Program Review data overall shows that our department is consistent and efficient. In the past 7 years, the HPER Department awarded between 12 and 22 degrees and/or certificates which is equivalent to 16.43 ± 3.99 degrees and/or certificates. In 2013, there were 22 graduates compared to 19 graduates in 2019. The data revealed a spike in enrollment in 2013 and 2016. Last year, the total enrollment number in our department was 105 students. The highest two enrollment years 2013 and 2016 reflected 135 and 125 students, respectively. The spike in 2013 could have been a result of the recession. The high enrollment trend in 2016 could be attributed to the inception of the Health Sciences program.

Graduation efficiency measures remain relatively consistent since 2013. On average, our students graduate in 5.6 years with an average of 134.9 credits. These numbers are consistent with UA system averages. Students graduated with fewer credits and in a shorter amount of time in 2014 and 2015 compared to 2017 and 2018. On average in 2014, students graduated in 4.7 years, 9.1 semesters with 125.7 credits per degree. In 2018, students graduated on average in 6.0 years, 11.2 semesters with 144.8 credits. There are a few possible explanations for these value differences. Several

